

**CURRICULUM VITAE
(ABRIDGED)**

Bonita Clarice Long, Ph.D.
bonita.long@ubc.ca

CURRENT ACADEMIC AFFILIATIONS

Professor Emerita, Department of Educational and Counselling Psychology, and Special Education, University of British Columbia, Vancouver, BC

EDUCATIONAL BACKGROUND

B.Ed. Education, University of British Columbia 1974

M.A. Counselling Psychology, University of British Columbia 1978

Ph.D. Interdisciplinary Studies, University of British Columbia 1982

AREAS OF EXPERTISE

Conceptual and theoretical aspects of stress and coping processes, specifically the influence of social roles, gender, and structural contexts on the mental health of individuals experiencing chronic psychosocial stress; Stress management interventions; Qualitative (e.g., grounded theory, discourse analysis) and quantitative methods (e.g., multivariate analysis, structural equation modeling).

OPERATING FUNDS AND CAREER AWARDS (all currently held, pending, or held during the past 5 years) - % Budgetary and Conceptual Overlap: 0 for all operating funds and career awards

NEXUS: Researching the social contexts of health behavior. Michael Smith Infrastructure Award, \$900,000; (\$150,000 per year), 2003- 2009. Co-Investigator B. Long; Other Co- Investigators: J. Bottorff, J. Buxton, L. Greaves, J. Johnson, A. Ostry, P. Ratner, J. Shoveller.

Perceptions of health effects and social implications of Cannabis use among therapeutic and recreational Cannabis consumers. Social Sciences and Humanities Research Council of Canada, \$90,000; 2007-2009. PI: L. Balneaves & J. Bottorff; Co-Investigator B. Long.

Comprehensive research training program in psychosocial oncology. CIHR Training Program, \$1,800,000. for 6 years; 2003-2009. PI: C. Loiselle; Co-Investigator B. Long.

Rising from the ashes: A grounded theory of community recovery following the wildfires of 2003, Social Sciences and Humanities Research Council of Canada, \$103,000; 2004-08. PI B. Long.

Exploring occupational stress in disaster response through forum theatre: A creative elaboration of emancipatory action research methodology. Hampton Fund, \$32,000; 2004-06. PI B. Long.

CONFERENCE PARTICIPATION (Organizer, Keynote Speaker, etc., past 5 years)

- Hall, W.A., Long, B.C., Bermbach, N., Jordan, S., & Patterson, K. *Embodying vulnerability: Female clerical workers' workplace distress*. 14th International Critical and Feminist Perspectives in Nursing Conference, Vancouver, B.C., Sept., 2007.
- Cox, R., Handler, R., Jones, M., & Long, B. C. *Exploring disaster responder stress: Implications for worker care*. Canadian Psychological Association Annual Conference, Calgary, Alberta, June 2006.
- Long, B. C. *Pitfalls and promise: De(re)constructing work stress and coping*. 7th Biennial Conference of the Society for Vocational Psychology (APA, Div. 17), Vancouver, June 2005.
- Jordan, S., Long, B.C., Arvay, M., & Bryson, M. *Coming (out) to Canada. Narratives of women who have immigrated to Canada using the same-sex partner process*. Women's Worlds 2005. 9th International Interdisciplinary Congress on Women. Seoul, Korea, June, 2005.
- Cox, R., Long, B. C., & Jones, M., *Re/considering the recovery process to a natural disaster: A Discourse Analysis*. Western Psychological Association Annual Conference, Portland, Oregon, April, 2005.
- Zhang, D., & Long, B.C. *Chinese culture and stress coping: Collectivism and collective coping*. XXVII International Congress of Psychology, Beijing, China, August, 2004.
- Preece, M., Hall, W., & Long, B.C. *Building a family on shaky foundations: Marital quality and the transition to parenthood*. American Psychological Association Annual Conference, Hawaii, August, 2004.
- Muscat, A., & Long, B.C. *Exercise and Eating Behaviors Among Female Athletes in Emerging Adulthood*, National Association of Sport Psychology, Annual Conference, Vancouver, BC, June, 2004.

RECOGNITIONS AND DISTINCTIONS

UBC Scholar - Centre for Research in Women's Studies and Gender Relations
Fellow, Canadian Psychological Association
Top Paper for 2007, Journal of Work and Stress

SELECTED COMMITTEE MEMBERSHIPS (past 5 years)

Psychosocial Oncology Research Training (PORT) Consortium (CIHR and the National Cancer Institute of Canada). Member: Council of Principals
Executive Committee Member, Institute of Health Promotion Research
UBC Faculty of Education Doctoral Procedures Committee Member
External Review Member, Tenure & Promotion Review Committee, Department of Education, University of Melbourne

SELECTED THESIS COMMITTEES (past 5 years)

Dissertations Completed:

CV – Long, B.

Vaughan Marshall, Ph.D. (2004). *Coping processes revealed in the stories of mothers of children with autism.*

Caroline Neill, Ph.D. (2005). *The role of the work environment in the psychological well-being and distress of stressed female clerical workers.*

Georgina Maltby, Ph.D.(2006). *Eating disorders and recovery: An interpretive phomenological study.*

Robin Cox, Ph.D. (2007). *Echoes, Transgressions, and Transformations: Identity Reorientation and the Discourse of Disaster Recovery.*

Dissertation Committee Membership on:

Susan Mills, Ph.D., Interdisciplinary Studies, UBC, 2006

Sheila Turris, Ph.D. School of Nursing, UBC, 2007

SELECTED PROFESSIONAL CONSULTANT SERVICES

Vancouver Health Department, Employee Health Service

Canadian Fitness and Lifestyle Research Institute

St. Paul's Hospital, Research and Training, Psychiatric Unit

Columbia Pain Centre, Stress Management for the Langley School District

Arthritis Society, Stress Management Evaluation

B.C. Tel - Fitness Program Evaluation

EDITORSHIPS - JOURNALS

Associate Editor

Work and Stress

Editorial Advisory Board Member

Journal of Counseling Psychology

Journal of Counseling and Development

Psychology of Women Quarterly

Work and Stress

REVIEWER - JOURNALS

Applied Psychology: An International Review

Applied Sport Psychology

Canadian Journal of Community Mental Health

Canadian Journal of Behavioural Science

Canadian Journal of Counselling

Cognitive Therapy and Research Journal

CV – Long, B.

European Journal of Personality
International Journal of Sport Psychology
International Journal of Qualitative Studies in Education
Journal of Counseling Psychology
Journal of Consulting and Clinical Psychology
Journal of Health Psychology
Journal of Leisure Research
Journal of Occupational Health Psychology
Journal of Social & Clinical Psychology
Journal of Sport and Exercise Psychology
Journal of Vocational Behavior
Perceptual Reports/Perceptual and Motor Skills
Psychological Reports
Psychology of Women Quarterly
Research Quarterly for Exercise and Sport
Sex Roles: A Journal of Research
The Sport Psychologist
Women's Health: Research on Gender, Behavior, and Policy
Work and Stress

REVIEWER - Grants, Career/Training Awards

Social Sciences and Humanities Research Council
National Cancer Institute of Canada
Psychosocial Oncology Research Training Awards (PORT)
Health and Welfare Canada (NHRDP)
Canadian Fitness and Lifestyle Research Institute
Nova Scotia Health Research Foundation
B.C. Health Care Research Foundation
Michael Smith Foundation for Health Research; Population Health, Career Awards
Saskatchewan Health Research Board
Heart and Stroke Foundation of B.C.
Hampton Research Competitions (UBC)
UBC, HERRO, CIHR Internal Grant Reviewer
Worksafe BC Research Competition

REVIEWER - Position Papers, Books, and Conferences

CPA, Section on Women and Psychology, Institute Conference Papers (ongoing)
CPA, Section on Women and Psychology, Conference Papers (ongoing)
APA, Division 35, Conference Papers (ongoing)
CPA, Counselling Psychology Section, Conference Papers (ongoing)
Canadian Policy Research Networks, Inc.
4th International Multidisciplinary Qualitative Health Research Conference
Jossey-Bass Publishers: Evaluation of Book Proposal

MEMBERSHIPS ON SCHOLARLY SOCIETIES

CV – Long, B.

Canadian Psychological Association (CPA)

CPA Section 24 - Counseling Psychology

CPA Section 8 - Health Psychology

CPA Section 16 - Section on Women & Psychology (SWAP)

American Psychological Association (APA)

APA Division 17 - Counseling Psychology

APA Division 35 - Psychology of Women

American Counseling Association (ACA)

ACA Division - Association for Counselor Education and Supervision (ACES)

1. REFEREED PUBLICATIONS

(Note: *Italics indicate Student Co-authors*)

(a) Journals

Sinacore, A., Borgen, W., Daniluk, J., Kassan, A., Long, B. C., & Nicol, J. (in press). Canadian counselling psychologists' contributions to applied psychology. *Canadian Psychologist*. (note, after Sinacore, authors are listed alphabetically)

Marshall, V., & Long, B. C. (2010). Coping processes as revealed in the stories of mothers of children with autism. *Qualitative Health Research*, *20*(1), 105-116.

Donnelly, T. T., McKellin, W., Hislop, G., & Long, B. (2009). Socioeconomic influences on Vietnamese-Canadian women's breast and cervical cancer prevention practices: A social determinants perspective. *Journal of Health and Social Policy*, *24*

Long, B.C., Hall, W. A., *Bermbach, N., Jordan, S., & Patterson, K.* (2008). Gauging visibility: How female clerical workers manage workplace distress. *Qualitative Health Research*, *18*(10), 1413-1428.

Cox, R., Long, B.C., Jones, M., & Handler, R. (2008). Sequestering of suffering: Critical discourse analysis of natural disaster media coverage. *Journal of Health Psychology*, *13*, 469-480.

Muscat, A., & Long, B. C. (2008). Critical comments about body shape and weight: Disordered eating of female athletes and sport participants. *Journal of Applied Sport Psychology*, *20*, 1-21.

Hall, W., & Long, B. C. (2007). Relations among prenatal role quality, life satisfaction, and dual-earner parents' postnatal depression. *Journal of Prenatal and Perinatal Psychology and Health*, *21*(3), 231-248.

Collie, K., Bottorff, J., & Long, B. C. (2006). A narrative view of art therapy and art making by women with breast cancer. *Journal of Health Psychology*, *11*(5), 761-755.

Collie, K., Bottorff, J., Long, B. C., & Conati, C. (2006). Distance art groups for women with breast cancer: Guidelines and recommendations. *Supportive Care in Cancer*, *14*(8), 849-858.

<http://dx.doi.org/10.1007/s00520-005-0012-7>

Collie, K., & Long, B. C. (2005). Considering 'meaning' in the context of breast cancer? *Journal of Health Psychology, 10*(6), 843-853.

Harkness, A., Long, B.C., Bermbach, N., Jordan, S., Patterson, K., & Kahn, H. (2005). Talking about work stress: Implications for stress interventions for female clerical workers. *Work & Stress, 19* (2), 121-136. **(One of top 10 most downloaded articles in the journal Work & Stress in 2006; Awarded Work & Stress Top Paper for 2007 for paper published in 2005).**

Hall, W., Long, B.C., Bermbach, N., Jordan, S., & Patterson, K. (2005). Qualitative teamwork issues and strategies: Coordination through mutual adjustment. *Qualitative Health Research, 15*(1), 394-410.

2. BOOKS

(a) Chapters

Rostad, F., & Long, B. C. (2007). Striving for holistic success: How lesbians come out on top. In Clarke, V., & Peel, E. (Eds.), *Out in psychology: Lesbian, gay, bisexual, transgender and queer perspectives* (pp. 311-331). UK: Wiley. (APA Div. 44 Award for the Best Book in Lesbian, Gay, and/or Bisexual Psychology for 2007).

Horwitz, E., & Long, B. (2005). Mothering and stress discourses: A deconstruction of the interrelationship of discourses on mothering and stress. In A. O'Reilly, M. Porter, & P. Short (Eds.), *Mothering: Power and oppression* (pp. 97-110). Toronto, ON: Women's Press (Canadian Scholars' Press).

Zhang, D., & Long, B.C. (2005). Coping with culture: Cultural influence, workplace stress, and coping among overseas Chinese professionals. In P. T. P. Wong & L. C. J. Wong (Eds.), *Handbook of multicultural perspectives on stress and coping* (pp. 549-570). New York: Springer.