

# Exercise Outbreak Orange

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## Staff and Student Player Cards as they appear in the Exercise Outbreak Orange

Input	Person
9-10	Linda Gibbon
12-13	Trinity Weathers
15-16	Clark Freeman
	Danica Flasser
18-19	Diane Campbell
	Diya Haryana
	Kelsey Martin
	Gabriella Alessio
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	Marlene Hertz
	Elaine Harper
	Emily Jordan
47	Charlotte Nadine

**Name:** Linda Gibbon

**Gender:** Female

**Age:** 21

**Status:** Single

**Occupation:** Part-time Youth Outreach Worker

**Residency:** Lives in a studio apartment near campus.



**Current Health Condition:**

Experienced bloating and early morning queasiness prior to leaving for Chegitun; since her return has complained of being constantly tired (run down) and is often queasy and chilled (she made appointment to see her doctor). She has missed a couple of workdays because of feeling ill.

**Social Considerations:**

Linda is eager to share her Russian experience widely. She feels she has really developed professionally and personally from the field and travel experiences. She feels additional benefits will be realized and confidence will be gained if she promotes the field experience widely.

**Psychosocial Impact in Russia:**

Linda found the living conditions unbearable (rustic and damp); she was always cold and hungry. This caused her much distress. She was constantly stressed and often short-tempered.

**Travel After Exposure:**

Linda has remained in the [CITY A] area since returning to Canada on September 1.

**Itinerary:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [LOCAL CITY]
3. Local transit to apartment

**Name:** Trinity Weathers  
**Gender:** Female  
**Age:** 22  
**Status:** Single  
**Occupation:** Part-time fitness instructor



**Info:** Lives in a single room above the fitness facility in downtown [CITY B]

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**Current Health Condition:**

Trinity is in excellent physical health however she has a history of panic attacks, depression, and anxiety.

**Social Considerations:**

Trinity lives alone and does not have any contact with immediate family for support; this is particularly critical as she is distraught after hearing media stories about her fellow students becoming sick with flu-like symptoms since returning home.

**Psychosocial Impact in Russia:**

Working on the excavation, she liked the slow, methodological pace and she appreciated the competence and confidence demonstrated by the staff towards the students—it made for a rich learning experience and it provided the connectedness with mature adults she has longed for.

**Travel After Exposure:**

Trinity has travelled from [CITY B] to [UNIVERSITY] to attend classes and deliver presentations on the field operations. She has used public transit (West Coast Express and #14 bus).

**Itinerary:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Friend picked her up at the airport

**Name:** Clark Freeman  
**Gender:** Male  
**Age:** 21  
**Status:** Single  
**Occupation:** Part –time Food Services  
**Residency:** Lives in a single room on campus with meals taken in the cafeteria.



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**Current Health Condition:**

Suffers from asthma and has noticed an increased need for his inhaler in the last few days. He has heard from several of his travel-mates that they are experiencing headaches, fever, and chills but doesn't link his trip to Russia with his increased use of the inhaler.

**Social Considerations:**

Clark has returned to spend time with his family and friends in [CITY C]. Always content, he is really enjoying his mother's home cooking and is busy partying and drinking with friends who are on days off leave from the oil fields.

**Psychosocial Impact in Russia:**

Working with the artifacts, he found the experience intellectually stimulating and is eager for future field work; unlike many, he was not bothered by the stressful working conditions or the rustic living conditions.

**Travel After Exposure:**

Clark is currently in Fort St. John.

**Itinerary:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. [AIRLINE] Jazz to [CITY C] to visit family and friends for the week

**Name:** Danica Flasser  
**Gender:** Female  
**Age:** 22  
**Status:** Single  
**Occupation:** Youth Outreach Worker



**Residency:** Lives at home in [CITY B] with her mom, dad and 18 year old sister.

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#### **Current Health Condition:**

Danica enjoys excellent physical health (as do her immediate family) but is frightened when she hears of fellow students becoming ill as she has been experiencing fever, headache, and overall body aches for the past few days.

#### **Social Considerations:**

Danica feels loved and supported in her large extended family and is well-connected in her sports and religious communities. She is generally happy and content with how her life is going.

#### **Psychosocial Impact in Russia:**

Working with the artifacts on her first field operation, she was so excited after cleaning and documenting the knife that she broke protocol by taking it from the secure exhibit room to show some other students. Danica was angry about being disciplined and confined to her living quarters; she thought this was shameful and doesn't want her family to learn of it.

#### **Travel After Exposure:**

Danica has travelled by car almost daily since her return home—to and from [CITY B] to [CITY A] to attend classes and has travelled extensively throughout the [CITY B] area to participate in sporting events and visit family.

#### **Itinerary:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Sister picked her up from the airport

<b>Name:</b>	Diane Campbell
<b>Gender:</b>	Female
<b>Age:</b>	46
<b>Status:</b>	Married with two teenagers
<b>Occupation:</b>	Professor
<b>Residency:</b>	Lives in a single family home near the university. Children attend neighbourhood high school.



**Current Health Condition:**

Diane enjoys excellent physical and emotional health

**Social Considerations:**

Diane is content with her personal and professional life. An experienced forensic anthropologist, she has led similar student field operations, although the living conditions in Russia are more rustic than usual, she is concerned and will monitor the student's reactions and adjustments.

**Psychosocial Impact in Russia:**

As Head of Field Operations, Diane feels responsible for the faculty and students so she puts in long days ensuring the integrity of the field operation and the learning experience as well as the health and safety of all the students. As a result she often feels the need to provide practical advice on coping when on a field operation and to model the behaviours she expects of others.

**Travel After Exposure:**

Still in Russia

**Name:** Diya Haryana

**Gender:** Female

**Age:** 31

**Status:** Single

**Occupation:** Post-grad student working part-time as a Museum Archivist

**Residency:** Lives in student housing on campus.



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**Current Health Condition:**

Physically fine, she is homesick and missing her young daughter whom she has never been separated from for such a prolonged period of time.

**Social Considerations:**

Diya would like to return home immediately but is intent on meeting her commitments in Russia and will keep the return flight for September 11th. She knows her daughter is being well-cared for by her parents but she has a longing to hold her.

**Psychosocial Impact in Russia:**

As the team lead responsible for overseeing the artifacts function, Diya feels responsible for the students working under her direction. This has resulted in her working long days and often, overcompensating for misbehaviours or poor attendance and/or attention to detail from the students. This might be because she misses her daughter or because she is avoiding conflict.

**Travel After Exposure:**

Still in Russia



**Name:** Kelsey Martin  
**Gender:** Female  
**Age:** 24  
**Status:** Single  
**Occupation:** Part-time Lifeguard  
**Residency:** Lives with mom, dad and two teenage sisters in the Civic Precinct, [CITY B].



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**Current Health Condition:**  
Excellent health

**Social Considerations:**  
A member of a strong, healthy (and health conscious) family, she feels loved and secure and prepared for any issue or hardship that might surface in Russia.

**Psychosocial Impact in Russia:**  
Working on the excavation, she is enjoying the physical challenges and is not bothered by the harsh living conditions or bland food.

**Travel After Exposure:**  
Still in Russia

**Name:** Gabriella Alessio

**Gender:** Female

**Age:** 22

**Status:** Single

**Occupation:** Part-time Bookstore Clerk

**Residency:** Lives in a single room with self-catering on campus.



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**Current Health Condition:**

Generally excellent physical and emotional health

**Social Considerations:**

Gabriella, in stressful or uncomfortable situations can become emotionally distressed. She has heard stories of illnesses experienced by the students who returned to [CITY A] and is extremely fearful that she too may become ill.

**Psychosocial Impact in Russia:**

Working on the excavation, Gabriella was determined to follow all protocols and safety instructions hoping to remain healthy and ensure a good field experience. She is not one to take risks, especially when out of her “comfort zone” so she is intent on building/maintaining as stable a living situation as she possibly can in the rustic conditions.

**Travel After Exposure:**

Still in Russia

**Name:** Omid Paria  
**Gender:** Male  
**Age:** 49  
**Status:** Married with twin boys  
**Occupation:** Student and caregiver  
**Residency:** Lives in co-op housing in [CITY B].



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#### **Current Health Condition**

Not a healthy man he has overcome numerous physical health issues including childhood malnutrition and skin cancer at age 17.

#### **Social Considerations:**

Omid is married in his late 20's (arranged) and feels strongly it is his main role in life to care for his spouse and children. He was reluctant to participate in this field expedition and is doing so at the urging of his spouse.

#### **Psychosocial Impact in Russia:**

Working on documenting the artifacts, he feels good to be using his photography and writing skills. He has enjoyed the "emotional" freedom to be present and to enjoy the experience. Life is good!

#### **Travel After Exposure:**

Still in Russia

**Name:** Paula McArthur

**Gender:** Female

**Age:** 21

**Status:** Single

**Occupation:** Part-time Daycare Worker

**Residency:** Lives in single room on campus with meals taken in the cafeteria.



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**Current Health Condition:**

Generally excellent physical health; is a vegetarian who works out 4 times/week but has begun to feel sore and tired (almost as if she has run a marathon); can't seem to shake the chills or frequent headaches.

**Social Considerations:**

Paula is a worrier, she needs to feel in control of all aspects of her life and this is especially true of her experience in Russia.

**Psychosocial Impact in Russia:**

Working with the artifacts, she has taken great care to wear protective equipment and to follow protocols and is angry that not all students are as diligent or concerned to protect their health.

**Travel After Exposure:**

Still in Russia

**Name:** Jessica Trevino  
**Gender:** Female  
**Age:** 22  
**Status:** Single  
**Occupation:** Volunteer - SPCA  
**Residency:** Lives with her active grandparents (aged 71 &74) just outside [CITY B].



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**Current Health Condition:**

Jessica is healthy and happy.

**Social Considerations:**

Jessica is delighted to be participating in this field operation, thinking it will help solidify her future career path. Her grandparents are supportive but asked her to be careful; the last couple of days she has felt chilled but thinks it has to do with the cold, damp weather and rustic living conditions and will try for more sleep.

**Psychosocial Impact in Russia:**

Working on the excavation, Jessica has really “stretched” herself; often pushing her physical and emotional limits as she demonstrated her skills and tenacity to Professor Campbell, hoping for future opportunities.

**Travel After Exposure:**

Still in Russia

**Name:** Jie Hu  
**Gender:** Male  
**Age:** 28  
**Status:** Married  
**Occupation:** Teaching Assistant  
**Residency:** Lives with his spouse in student housing



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**Current Health Condition:**

Jie is physically and emotionally healthy; he is intent on maintaining this good health and balance in his life. He has brought numerous vitamins and protein bars with him as he was concerned about the quality of the food that would be available.

**Social Considerations:**

Married earlier this month, Jie is excited to be starting his doctoral studies with this field operation. He is concerned that some students are becoming run and that many students are beginning to show flu-like symptoms and will pass the “bug” to him.

**Psychosocial Impact in Russia:**

Working with the artifacts, Jie has been assigned chief scribe responsibilities and is intent on producing excellent documents but is becoming increasingly distracted as he is hearing stories of health problems from his friends who recently returned to **Canada**. Jie feels less informed about the situation that he would like.

**Travel After Exposure:**

Still in Russia

**Name:** Eliza Washburn  
**Gender:** Female  
**Age:** 31  
**Status:** Single  
**Occupation:** Part-time museum curator  
**Residency:** Lives in an apartment off campus.



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**Current Health Condition:**

Is physically and emotionally healthy. Her mother died of cancer and Eliza is intent on managing those areas of her health she has control over so she eats well, exercises, and does not smoke or drink.

**Social Considerations:**

Eliza is an extravert who values her connections with family and friends and thus, has made considerable effort to become friends with everyone in Russia. In the last few days she has become very worried after receiving messages from [CITY A] as she knows of two students who have been complaining of flu-like symptoms.

**Psychosocial Impact in Russia:**

Working with the artifacts, Eliza found the experience stimulating and is eager for future field work; she was not bothered by the stressful working conditions or the rustic living conditions and tried to focus on getting to know the other faculty and students.

**Travel After Exposure:**

Still in Russia

**Name:** Wyatt Parker

**Gender:** Male

**Age:** 27

**Status:** Single

**Occupation:** Part-time Casino Dealer

**Residency:** Lives in a single room with self-catering on campus



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**Current Health Condition:**

Is healthy, he is active running 10 kms each day as his way to reduce stress.

**Social Considerations:**

Wyatt is enjoying the experience especially living and working in Russia; he has exchanged contact info with several of the Russian students and is planning a return visit.

**Psychosocial Impact in Russia:**

Working on the excavation, Wyatt is carefully documenting all aspects of his participation on the dig hoping that it will be useful material for a paper or presentation. He sometimes struggles with whether returning to school was a good idea and views this experience as a way to resolve that issue.

**Travel After Exposure:**

Still in Russia



**Name:** Christy Greenberg  
**Gender:** Female  
**Age:** 23  
**Status:** Single  
**Occupation:** Part-time Bookstore Clerk  
**Residency:** Lives in a single room on campus with self-catering.



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**Current Health Condition:**

Is under her doctors' care for eczema which is controlled with medication.

**Social Considerations:**

Christy is excited to participate in this, her first field operation; she adjusted well to the rustic living and working conditions on arrival but in the last few days she has been feeling run down, chilled, and seems to be constantly thirsty. She wants to go home to her family.

**Psychosocial Impact in Russia:**

Working on the excavation, Christy is careful to follow advice on personal protective measures; feeling that she is uncovering her assigned area slower than other students, she has been putting in extra time, often skipping meal breaks.

**Travel After Exposure:**

Still in Russia

**Name:** Trevor Bosco

**Gender:** Male

**Age:** 24

**Status:** Single

**Occupation:** Part-time Restaurant Server

**Residency:** Lives in a single room with self-catering on campus



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**Current Health Condition:**

Is physically healthy but sometimes suffers from PTSD associated with his summer employment as a bush fire fighter—his crew was trapped between two fire lines and had to be airlifted to safety.

**Social Considerations:**

Trevor is a friendly person with lots of close friends. He values and nurtures these friendships as a way to minimize the isolation associated with PTSD.

**Psychosocial Impact in Russia:**

Working with the artifacts, Trevor has really become intrigued with life as a whaler and is intent on further research on his return to university. He has really thrived in the field environment and feels he has found his future career possibilities.

**Travel After Exposure:**

Still in Russia

**Name:** Brad Drumlan

**Gender:** Male

**Age:** 22

**Status:** Single

**Occupation:** Part-time Campus Library Clerk

**Residency:** Lives in a single room on campus with meals taken in the cafeteria



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**Current Health Condition:**

Suffers from angina; is frequently sad and wants to be alone as he is still dealing with the recent death of his father. He is experiencing diarrhea and vomiting which he attributes to a stomach bug he must have picked up in Russia.

**Social Considerations:**

Brad is quickly becoming a loner; indeed he sometimes fears social contact and has had difficulty coping with excessive noise or with always having people around him.

**Psychosocial Impact in Russia:**

Working with the artifacts, this was Brad's first field experience. He found the food and living conditions difficult and often skipped meals eating only cereal bars; the last few days he has wanted to return to [CITY A].

**Travel Itinerary After Exposure in Russia:**

Stayed on campus.

**Itinerary from Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Local transit to campus dorm

**Name:** Kyle Lussier  
**Gender:** Male  
**Age:** 21  
**Status:** Single  
**Occupation:** Part-time Library Clerk  
**Residency:** Lives in a single room on campus with meals taken in the cafeteria.



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**Current Health Condition:**

Was previously generally healthy, but has had flu-like symptoms for past few days so has cancelled a trip home and stayed in his dorm room.

**Social Considerations:**

Kyle is active and proud of this many friendships. He is not bothered by the media reports of illness among the students who just returned from Russia.

**Psychosocial Impact in Russia:**

Working with the artifacts, he was fascinated with the whaling tools and took great pleasure in “trying them out” with a student from the Russian team. He liked the freedom to learn from the other students, always taking any opportunity for outings with the Russian students.

**Travel After Exposure:**

Has not left the campus since returning to [CITY A] on August 31.

**Itinerary from Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Local transit to campus dorm

**Name:** Fran Branford

**Gender:** Female

**Age:** 34

**Status:** Married with four year-old son

**Occupation:** Associate professor

**Residency:** Lives with spouse (firefighter) and four- year-old son in an [CITY B] townhouse.



#### **Current Health Condition:**

Physically fine but experiencing emotional distress after hearing some of the students have become ill. She recently received emails from three students still in Russia indicating they are having trouble adjusting to the living and working conditions. As a result, Fran has not been sleeping well and has increased her daily consumption of alcohol.

#### **Social Considerations:**

Fran is an experienced forensic anthropologist who is used to challenging living and working conditions. She is more concerned for her students and for the program's reputation; she balances this with her excitement at the opportunity to deliver a quality presentation in Seattle demonstrating their professionalism and their learnings.

#### **Psychosocial Impact in Russia:**

Fran found the experience in Russia personally and professionally satisfying; she enjoyed getting to know and supporting the students and feels confident she contributed to a positive learning experience. She is especially proud of the solid bond formed with many of them.

#### **Travel After Exposure:**

She has returned to Canada with the first group of students and artifacts. After a few days at home she left for an international conference in Seattle.

#### **Itinerary from Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Husband picked her up at the airport and they drove home with their young son
4. Alaska Airlines from [CITY B] to Seattle
5. Taxi from airport to Seattle hotel

**Name:** Pierce Haverford

**Gender:** Male

**Age:** 26

**Status:** Single

**Occupation:** Bartender

**Residency:** Shares house in [CITY B] with 3 roommates who all work in construction.



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#### **Current Health Condition:**

Pierce has always enjoyed excellent health, is physically active (competes in triathlons) and enjoys a full social life. He is adventurous and thrives on the challenges of adjusting to new situations and meeting new people.

#### **Social Considerations:**

Pierce has been sharing a house with his three roommates for the past four months. They are older and have different interests and perspectives on life so he often looks for things to do and people to visit outside of his home.

#### **Psychosocial Impact in Russia:**

A member of the excavation team, Pierce thoroughly enjoyed the experience, especially living and working with the students from the University of Eastern Russia. He was often the “life of the party”. He continues to maintain email contact with his fellow students in Russia (both Canadian and Russian).

#### **Travel After Exposure:**

Pierce has travelled widely throughout the Metro [CITY A] area. He often takes public transit.

#### **Itinerary for Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Public transportation home

**Name:** Nikola Todorov  
**Gender:** Female  
**Age:** 26  
**Status:** Single  
**Occupation:** Childcare  
**Residency:** Lives in basement suite in [CITY B] with boyfriend.



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**Current Health Condition:**

Excellent health, although in the past few days Nikola has experienced several flu like symptoms (fever, body aches, coughing) but dismisses as she didn't have a good return travel experience. Her boyfriend is concerned and asked her to see a doctor.

**Social Considerations:**

Nikola is really happy in her relationship. She feels they are in a good place as a couple. And she is happy to put the Russia experience behind her and move forward with building a life with her boyfriend.

**Psychosocial Impact in Russia:**

Working on the excavation, Nikola found the experience emotionally and physically challenging but was really excited to "handle" the knife that was taken from the exhibit room. She often feels lonely and is anxious to return to [CITY A] to be with her boyfriend.

**Travel After Exposure:**

Nikola travelled to and from [CITY B] to [CITY A] with a classmate.

**Itinerary from Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Boyfriend picked her up at the airport.

**Name:** Marlene Hertz  
**Gender:** Female  
**Age:** 23  
**Status:** Single  
**Occupation:** Part-time Barista  
**Residency:** Lives in a Sorority House on campus.



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#### **Current Health Condition:**

Borderline diabetic and is being monitored for high blood pressure; she is slightly overweight, smokes occasionally, and has a family history of diabetes and heart disease. She is concerned for her health after hearing from several students about their pressing health issues.

#### **Social Considerations:**

Marlene enjoys living in the Sorority House as she is by nature a loner and her Sorority sisters always encourage her to join them in social outings, for dinners out, etc. She feels stronger and that she is gaining greater self-confidence.

#### **Psychosocial Impact in Russia:**

Working with the artifacts, Marlene was distressed to discover that her colleague had breached protocol by removing an artifact from the secure room. Feeling insecure and a stickler for obeying rules, this is just one of many things that troubled her on the trip. She felt stigmatized when she tried to discuss her feelings with the other students.

#### **Travel After Exposure:**

Marlene is back on campus after spending a few days with her family in [TOWN OUTSIDE OF CITY B].

#### **Itinerary from Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. dad picked her up at the airport to spend the weekend with family
4. took public transit back to campus.



**Name:** Elaine Harper  
**Gender:** Female  
**Age:** 28  
**Status:** Married  
**Occupation:** Volunteer  
**Residency:** Lives with extended family on a farm outside [CITY B]



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**Current Health Condition:**

Excellent health, is hoping to become pregnant soon as this is both her and her husband's final year of school and they are anxious to start a family.

**Social Consideration:**

Elaine feels secure in a stable relationship; she also has a supportive extended family that she relies on for support and to keep her and her husband "grounded" as they tend to become immersed in their studies and cut themselves off from the real world. Becomes concerned when she hears the health problems experienced by her colleagues and reads the alert on the University's Facebook page.

**Psychosocial Impact in Russia:**

Working on the excavation, she was often wet and cold; she found the work physically exhausting but really enjoyed the camaraderie and bonds made with both the [UNIVERSITY] and Russian students and she hopes they remain in contact.

**Travel After Exposure:**

Elaine drove with her husband to campus each day.

**Itinerary from Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Her mom picked her up at the airport

**Name:** Emily Jordan

**Gender:** Female

**Age:** 26

**Status:** Single

**Occupation:** Self-employed

**Residency** Lives in an older studio apartment in central [CITY B].



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**Current Health Condition:**

Generally excellent physical health; she does suffer from generalized anxiety disorder and now she does not want to leave her apartment and is resistant to visits from friends or to seek help when she begins to feel ill with flu-like symptoms and starts to develop a rash.

**Social Considerations:**

Emily has a small circle of close friends whom she relies on for support. And, although she likes to present the persona of a strong and independent woman, she is often lonely and secretly craves added company.

**Psychosocial Impact in Russia:**

Working on the excavation, Emily found the entire experience exhilarating; she thrived in the rustic living conditions and considered it a goal to meet the physical challenges of the dig.

**Travel After Exposure:**

Emily travelled to and from [UNIVERSITY] in a carpool with three other students from her neighbourhood.

**Itinerary from Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. Friend picked her up at the airport

**Name:** Charlotte Nadine

**Gender:** Female

**Age:** 22

**Status:** Single

**Occupation:** Clerk



**Residency** Lives in a single room with self-catering on campus

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#### **Current Health Condition:**

Suffers from an obsessive compulsive disorder that is surfacing due to stress of not knowing if she is infected as she has had messages from fellow students detailing their health issues since returning to [CITY A].

#### **& Social Considerations:**

Charlotte is spending 8 days with family in [FIRST NATIONS COMMUNITY]; she is concerned not to expose her elderly grandparents and others in the village.

#### **Psychosocial Impact in Russia:**

Working on the excavation function, Charlotte was fascinated by the history of the area and the links to the land and sea. She spent her spare time with the local students learning about their culture and traditions, sharing their food, and trading clothes and make-up. Charlotte found the work and travel experience enriching.

#### **Travel After Exposure:**

Flew directly to [CITY C AIRPORT] and has been travelling (by car) to get home.

#### **Itinerary from Russia:**

1. Aeroflot to Frankfurt with transfer in Moscow
2. [AIRLINE] to [CITY A] with transfer in [CITY CLOSE BY]
3. [AIRLINE] to [CITY C] where her mother picked her up for a visit with family in the [FIRST NATIONS COMMUNITY]

## Inject 4

### From the University Facebook Page

The university administrators, faculty, and support staff welcome all our students, whether beginning or resuming your studies, to campus. We are here to support you to enjoy a rich, well-rounded learning experience.

Please note, we are hearing from staff in our medical facilities as well as nearby walk-in clinics that they are treating numerous students for flu-like conditions. We know that the first week of the academic year is a busy time with adjusting to classes, getting to know your fellow students, and building a life on campus. So, please take care of yourselves—remember to party and drink responsibly, to try a new experience or join a club or sports team, and to comply with university requirements to present a medical practitioner’s note if you will miss any assessments or assignment deadlines.

We are pleased to promote this interesting event—graduate students from anthropology who recently participated in a forensic field operation in Russia will be hosting slide presentations detailing their experience. Come hear their stories and check out the unique artifacts they uncovered. They have already delivered three presentations to first-year Anthropology students. The reviews spoke of high-quality presentations; don’t miss this opportunity to hear history first-hand. Presentations are 7:00 pm tonight in the Main Library and 4:00 pm tomorrow in the theatre.

*The University’s Facebook page strives to provide timely and/or important information necessary for you to successfully complete your studies.*

## Inject 4

# It's That Time of Year!

Several students have reported feeling the early symptoms of the flu (cough, runny nose, fever). Influenza (the flu) is a contagious respiratory illness caused by Influenza Viruses. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting **vaccinated** each year. The flu is spread easily through coughing, sneezing or through touching contaminated surfaces and objects, such as unwashed hands, toys and eating utensils.

The seasonal flu can be prevented by getting the seasonal flu vaccine every year and by **practicing good hand washing**.

Students who are unavoidably absent because of illness or disability should report to their instructors at the earliest opportunity.

We are available if you have any concerns or require any additional information.

*Sally and Jim*

Student Resident Managers

## Inject 9 & 10

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [Health Authority A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that a 21 year old female (PHN 94036952345) was seen in [Hospital A] Emergency on September 8<sup>th</sup> and has been admitted to medical ward 4D.

Infection Control advises the smallpox exposure timeframe is August 29 to September 8. Their staff are currently tracing patient movement within the hospital and within the community.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 12 & 13

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that a 22 year old female (PHN 94563204968) was just admitted to [HOSPITAL B]. She was seen in emergency and has now been placed in isolation. Her symptoms are similar to those of patient PHN 94036952345 who was admitted to [HOSPITAL A].

Infection Control advises the smallpox exposure timeframe is August 29 to September 8. Their staff are currently tracing patient movement within the hospital and within the community.

[Health Authority B] has been made aware of this case as hospital nursing staff are expressing extreme concern for their safety.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 15 & 16

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that a 21 year old male (PHN 98368460281) telephoned [HOSPITAL C] to report he had recently returned from a forensic dig in Russia; he is visiting family and had received emails telling him that three of his fellow students had become ill and been admitted to hospitals in [CITY A] and [CITY B]. He is worried for his and his family's health.

Infection Control advises the smallpox exposure timeframe is August 29 to September 8. Their staff are currently tracing patient movement within the hospital and within the community.

Please do not forward until follow-up testing arrangements have been confirmed.



## Inject 15 & 16

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that a 22 year old female (PHN 99361850385) was transferred by ambulance from a health community health centre to [HOSPITAL B] where she was immediately placed in isolation. She is the third student who recently returned from a field trip to Russia who has now been admitted to hospital (PHN 94563204968 and PHN 94036952345).

Infection Control advises the smallpox exposure timeframe is August 29 to September 8. Their staff are currently tracing patient movement within the community.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 18 & 19

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that we have confirmed 3 faculty and 22 students from the Anthropology Department at the [UNIVERSITY] participated in a forensic field operation in Russia starting on August 17.

1 faculty and 12 students returned to Canada on September 1. We have reports of several students experiencing flu-like symptoms; three students have now been admitted to [CITY A] and [CITY B].

2 faculty and 10 students remain in Russia. We are providing their names and ages so the relevant authorities can be contacted and we are prepared when family members call our offices for information and/or advice. Here is the list:

Age	Gender	Name
46	F	Diane Campbell
31	F	Diya Haryana
24	F	Kelsey Martin
22	F	Gabriella Alessio
49	M	Omid Paria
21	F	Paula McArthur
22	F	Jessica Trevino
28	M	Jie Hu
31	F	Eliza Washburn
27	M	Wyatt Parker
23	F	Christy Greenberg
24	M	Trevor Bosco

Infection Control is aware of this situation and is actively working to trace the movements of the faculty and students now in Canada and is preparing to respond to requests for assistance from the faculty and students in Russia and their family in Canada.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 21

# Exercise Outbreak Orange—Message Template

Please script a message to be used to communicate with the public about the possible infectious outbreak.

Issue/Need	Required Departments/Agencies	Action Plan

## Inject 23

# Exercise Outbreak Orange—Message Template

Please script a message that will be used by physicians when speaking to patients and their families about their possible infection.

Issue/Need	Available/Required Resources	Action Plan

## Inject 24

# Exercise Outbreak Orange—Message Template

Please script a message that will be used to inform the community about the smallpox outbreak.

Issue/Need	Available/Required Resources	Strategy/Action Plan

## Inject 24

# Exercise Outbreak Orange—Message Template

Please respond to the document produced by the Community EOC to inform the community about the smallpox outbreak.

Issue/Need	Response



## Inject 30

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that a 22 year old male has just been admitted to [HOSPITAL A] and put in isolation. He is the fourth university student to be placed in isolation—we have another student in this hospital, one in [UNIVERSITY] Hospital, and one in [HOSPITAL B].

Infection Control is aware of this situation and is actively working to trace the movements of this patient and of the remaining students from the forensic field operation.

Please do not forward until follow-up testing arrangements have been confirmed.



## Inject 32 & 33

[NAME] – Public Health Officer

**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that a 22 year old male (Kyle Lussier) has telephoned the helpline to share his concern for his health after hearing that several of his fellow students who have recently returned from a forensic field operation in Russia have become ill. Kyle was also on this field operation and travelled home with these students.

Infection Control is aware of this situation and is actively working to trace the movements of this patient and of the remaining students from the forensic field operation.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 35 & 36

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUHTORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that the Centre for Disease Control has advised us that a 34 year old female (Fran Branford) has become ill while attending an international forensic anthropology conference in Seattle. Branford was a member of the [UNIVERSITY] forensic field operation in Russia.

Infection Control is aware of this situation and is actively working with US colleagues to trace the movements of Branford and of the remaining students from the forensic field operation.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 43 & 45

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that a Public Health Nurse in [CITY B] telephoned for advice on how to handle the situation of one of the [UNIVERSITY] students from the forensic field operation, Pierce Haverford, is dealing with backlash from his roommates who are reacting to media reports of unknown illness among [UNIVERSITY] students. They are concerned for their health.

Infection Control is aware of this situation and is actively working to trace the movements of the faculty and students since their return to Canada.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 44 & 45

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that we have identified four more [UNIVERSITY] forensic anthropology students who returned to [CITY A] on August 31. They are all female:

Age	Name
26	Nikola Todorov
23	Marlene Hertz
28	Elaine Harper
26	Emily Jordan

Infection Control is aware of this situation and continues to actively trace the movements of the faculty and students on the field operation since their return to **Canada**.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 47

[NAME] – Public Health Officer

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**From:** [NAME] [EMAIL]  
**Sent:** September 10, [YEAR]  
**To:** [HEALTH AUTHORITY A] Management Team  
**Subject:** Communicable Disease Event Notification—Smallpox Exposure

Please be advised that we have identified the final student from the [UNIVERSITY] forensic anthropology field operation students who returned to [CITY A] on August 31. Charlotte Nadine has spent the past 8 days with family in [FIRST NATIONS COMMUNITY].

Infection Control is aware of this situation and is actively working to trace Nadine's movements since her return to Canada on August 31.

Please do not forward until follow-up testing arrangements have been confirmed.

## Inject 51

### **Phone Message from your Family Doctor**

Your family doctor has left a voicemail on your work & cell phone. They urgently need to speak with you as your child has been in close contact with one of the students and needs to be placed in isolation. Please leave the pod and go to speak with the Controller

## Inject 52

Joseph Mitchum — Landlord

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**From:** Joseph Mitchum [jmitch@parksideproperties.com](mailto:jmitch@parksideproperties.com)  
**Sent:** September 10, [YEAR]  
**To:** EOC Director  
**Subject:** Who's going to pay the rent???

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“My name is John Marshal and I own an apartment building in the City. I’ve just received a call from one of my tenants saying they have been quarantined with smallpox. They have asked me to waive their rent next month because they can’t get out to work. This is ridiculous! If the other tenants find out, they are all going to move out. I’m not a charity – if they don’t pay their bills, they have to go. And I expect the city to clean up their apartment so I can rent it out again. What support can the city give me?”

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## Inject 55

[NAME] — Mayor

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**From:** [NAME] [EMAIL ADDRESS]  
**Sent:** September 10, [YEAR]  
**To:** EOC Director  
**Subject:** Issue Management—Infectious Disease Outbreak

Please note the following message from the Mayor

“I’m concerned about how this event will escalate in the upcoming days and weeks. I know that we have undertaken some pandemic planning but I believe the focus was on a bad flu season. If there truly is smallpox in our community, we’re going to have to be ready to respond. I need you to look at our emergency and pandemic plans in context of a virulent disease like smallpox and identify what we are missing. I want to know we are ahead of this thing just in case it blows up on us.”

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