



Infant/Toddler



SELF-CARE DECONTAMINATION PROTOCOL

Training Guide: Self-Care Decontamination MADE Simple

Move → Assist → Disrobe & Decontaminate → Evaluate

Move people away from the contaminant to a safe area 100 metres upwind to take clothes off as soon as possible, partner with a buddy for assistance.

Assist: reassure and ensure people are in pairs or teams of buddies.

Disrobe & Decontaminate: wipe off exposed hair and skin and remove outer garments as quickly as possible.

Evaluate: escort to shelter and evaluate the need for further decontamination, medical and or psychosocial supports.

Self-Care Decontamination Protocol: *WITHOUT* Self-Care Decontamination Kits

	RESPONDER: INSTRUCTIONS	CASUALTIES: ACTIONS
MOVE	<p>Responder must remain 5 metres upwind from casualties at all times</p> <p>Stay together and move 100 metres upwind/uphill</p> <p>Do not leave the area: you are safer here where we can help you</p>	<p>Adult quickly and calmly moves with infant/toddler 100 metres upwind/uphill</p>
ASSIST	<p>Parents assist your child(ren) and each other</p> <p>Leave no one behind</p> <p>Emphasise no breast feeding until clean</p>	<p>Adults help infant/toddler to move away from danger and stays with a partner/buddy</p>
DISROBE & DECONTAMINATE	<p>Wipe exposed skin & hair and blow nose (concentrate on airways, mouth and eyes)</p> <p>Wipe eyeglasses and leave on if necessary (remove contact lenses if eyes are burning)</p> <p>Remove footwear and outer clothing down to underwear: children before adults</p> <p>Nothing over the head – cut or rip off clothes from the back if possible. Leave clothing and walk away</p> <p>Move 5 metres upwind away from discarded clothing to protect from off-gassing</p> <p>Wipe down all exposed skin</p>	<p>Using whatever is available, adults wipe off infant’s exposed hair and skin and clear their nose. Repeat on themselves</p> <p>Wipe off eyeglasses to leave on if required (remove contact lenses if eyes are burning)</p> <p>Adults remove infant’s footwear and outer garments then remove their own. Do not pull over the head, if possible. Cut or rip garments from the back and up from the waist</p> <p>Adult wipes down the infant then themselves</p> <p>Adult moves with infant 5 metres upwind from discarded clothing and quickly wipe down all exposed skin</p>
EVALUATE	<p>Move to shelter/triage</p>	<p>Adults move with infant to an area of shelter for further medical and decontamination evaluation</p>

Self-Care Decontamination Protocol: *WITH* Self-Care Decontamination Kits

	RESPONDER: INSTRUCTIONS	CASUALTIES: ACTIONS
MOVE	<ul style="list-style-type: none"> • Responder must remain 5 metres upwind from casualties at all times • Stay together and move 100 metres upwind/uphill • Do not leave the area: you are safer here 	Adult quickly and calmly move with their infant/toddler 100 metres upwind/uphill
ASSIST	<ul style="list-style-type: none"> • Leave no one behind • Assist each other, form buddy partnership, and move away from danger 	Adults follow instructions and help their infants to move away from danger and find a buddy
DISROBE & DECONTAMINATE	<ul style="list-style-type: none"> • Do not take anything by mouth until advised by responding medical staff. No breastfeeding until clean • Wipe hands using Sudecon® wipes on the outside of the Kit • Wipe eyeglasses and leave on if necessary; remove contacts if eyes are irritated. Flush out eyes from bridge of nose towards outer face • Open Kits and remove changing pad and cell phone bag: lay infant on changing pad • Adults use Sudecon® wipes on bag exterior to wipe exposed skin & hair and blow nose: infant first then adult with fresh wipe • Instruct parents to keep infant from touching their body during the cleaning process to prevent cross contamination • Remove footwear & outer clothing down to underwear: children before adults. Nothing over the head – using scissors cut off clothes from the back cutting from the waist up. Put clothing into Clear Bag #2 • Place cell phone with display side facing outward into [cell phone] bag along with valuables, keys, medications, etc. Seal bag and do not reopen it • Move quickly with remaining bag and [cellphone bag] 5 metres upwind away from discarded clothing • Adults need to wipe hands clean with water wipes and then wipe down all exposed hair and skin of the infant: wipe in one direction from top to bottom, front then back • With fresh cloths adults then clean themselves being careful not to touch the infant again until wipe down is complete • Adult buddy will wipe down each other’s backs. Discard wipes on ground or into Orange Bag. Re-robe infant from Bag #3 and place ID bracelet on wrist. Wrap child in rescue blanket and foil blanket. Bring soother. • Re-robe adult from Bag #3 and place ID bracelet on wrist. Wrap adult in additional foil blanket. 	
EVALUATE	Move to shelter/triage and take cell phone bag and FAQ pamphlet with you	Adults move with infant to an area of shelter for further medical and decontamination evaluation

Additional Key Points

- Decontamination can be stressful. Reassure every casualty and communicate clearly with eye contact.
- If Kits are available to HazMat teams, provide pre- and post- shower bags and give families the option of showering together regardless of gender.
- Inform casualties not to leave the scene to avoid contaminating others and to have the best chance of proper and efficient decontamination.
- First Responder must remain at least 5 metres upwind away from casualties at all times. Use the buddy system to reassure, encourage and recognize the signs of stress and/or injury.
- Ask your buddy, once they have decontaminated themselves, to watch your child so you can proceed with your own decontamination.
- Use psychosocial workers, decontamination doll (when available) and have casualties inform their family/friends they are okay and not to attend the scene.
- Engage gross decontamination with utmost care: essential to request medical assessment consultation prior to proceeding whenever possible.