

SIMTEC Training Video

Key Learning Points

1. Taking Breaks

- **Checking In with Family**
- **Using the Buddy System**

2. Respecting Gender and Diversity

3. Demonstrating Strong Leadership

4. Providing Psychosocial Support to EOC Personnel and Frontline Responders

5. Proactively Deploying Emergency Social Services Volunteers and also Deploying Disaster Psychosocial Volunteers